Reebok RAGNAR TENNESSEE

All Exchange Open and Close Times

Location	Open	Close
Exchange 1 - Listed as CST	**5:15 AM**	**2:15 PM**
Exchange 2 - Listed as CST	5:45 AM	2:45 PM
Exchange 3	7:00 AM	3:30 PM
Exchange 4	8:45 AM	4:45 PM
Exchange 5	9:15 AM	5:15 PM
Exchange 6	9:30 AM	5:45 PM
Exchange 7	10:45 AM	6:30 PM
Exchange 8	12:00 PM	7:30 PM
Exchange 9	1:00 PM	8:30 PM
Exchange 10	2:15 PM	9:15 PM
Exchange 11	3:15 PM	10:15 PM
Exchange 12	3:45 PM	11:15 PM
Exchange 13	5:15 PM	11:45 PM
Exchange 14	6:00 PM	12:30 AM
Exchange 15	7:15 PM	1:45 AM
Exchange 16	8:15 PM	2:30 AM
Exchange 17	9:00 PM	3:15 AM
Exchange 18	9:15 PM	3:45 AM
Exchange 19	10:30 PM	4:30 AM
Exchange 20	11:30 PM	5:30 AM
Exchange 21	12:45 AM	6:45 AM
Exchange 22	1:30 AM	7:15 AM
Exchange 23	2:00 AM	8:00 AM
Exchange 24	2:15 AM	8:30 AM
Exchange 25	3:30 AM	9:15 AM
Exchange 26	4:30 AM	10:15 AM
Exchange 27	5:00 AM	11:00 AM
Exchange 28	6:00 AM	12:15 PM
Exchange 29	7:00 AM	1:15 PM
Exchange 30	7:15 AM	2:00 PM
Exchange 31	8:15 AM	2:45 PM
Exchange 32	8:45 AM	3:30 PM
Exchange 33	9:30 AM	4:45 PM
Exchange 34	9:45 AM	5:30 PM
Exchange 35	10:30 AM	6:30 PM
Finish Line	9:00 AM	8:00 PM

All times are listed in Central Time. Finish Line Opens prior to chute for Van 1 to return flags and wait for Van 2