



Reebok

# Map Symbol Legend 

(ป) Exchange

- Tenth-Mile Marker

4 Mile Marker

Runner Route
Nan Route

- Water Station

8if Trail Entrance and Exit
A)Trail Entrance


No Van Support Segment

## Van I -- Legs I-6 -- 33.4 Miles



## Van 1, legs 1-6

Start Line: Peace Arch State Park, 123 2nd Street, Blaine, WA 98295
49.001394, -122.753795

Exchange Notes:
Exchange 6 has tight parking in lot. Use street parking around the school and overflow lot to the north.

Van Directions to Exchange 6:
0.0 Depart Peace Arch State Park heading South on 2nd St
0.3 Turn Right (W) on SR-548, Peace Portal Dr
0.4 Turn Left (S) onto l-5 South onramp
0.5 Take 1-5 South
22.8 Take Exit 254, Ohio St
23.4 Continue on Ohio St, Bellingham High School will be on your right

Exchange 6: Bellingham High School 2020 Cornwall Ave., Bellingham, WA 98225 48.755764,-122.473658


## Leg I -- 5.8 Mlles -- Hard -- NO Van SuPPort




Reebok $\Delta$
RAGNAR
NORTHWEST PASSAGE

## Leg 2 -- 3.1 Miles -- EASY -- FULL VAN SUPPORT



LEG 2-- 3.1 MILES -- EASY
Leg Legend:
0.0 Depart Ex 1 heading South on Harborview Rd
0.1 Turn Left (S) onto Birch Bay Dr
1.3 Turn Right (W) to remain on Birch Bay Dr
1.7 Turn Left (S) onto Jackson Rd
2.1 Turn Left (E) onto Bay Rd

### 3.1 Arrive at Ex 2 on the left

## Exchange 2: Birch Bay Bible

Community Church, 4460 Bay Road,
Blaine, WA 98230
48.906892, -122.726383


## Leg 3-- $\mathbf{8 . 2 5}$ Mlles -- Very Hard -- No Van support



LEG 3-- 8.25 MILES -- VERY HARD
Leg Notes:
No Van Support- no pulling over or getting out of van. Runners will be provided with a water station.

Leg Legend:
0.0 Depart Ex 2 heading South on Blaine Rd
1.0 Turn Left (E) onto Grandview

## Rd

Turn Right (S) onto Olson Rd
Turn Left (E) onto Thornton
Rd
8.0 Turn Left on Church Road
8.2 Arrive at Ex 3

Exchange 3 :
Cascadia Elementary
6175 Church Rd Ferndale, WA 98248
48.866107, -122.616910


## Leg 4 -- 5.1 Mlles -- Moderate -- FULL SUPPORT



LEG 4 -- 5.1 MILES -- MODERATE
Leg Legend:
0.0 Depart Ex 3 heading north on Church Road
1.3 Turn Right (E) onto Brown Rd
1.4 Turn Right (S) onto Vista Dr
4.2 Turn Right (SW) onto 3rd Ave
4.3 Turn Left (SE) onto Main St
4.6 Turn Right (E) onto Hovander Rd
5.0 Turn Right (S) onto Scout PI
5.1 Arrive at Ex4

Exchange 4: Superfeet Worldwide Inc 1820 Scout PI, Ferndale, WA 98248


## Leg 5-- 4.7 Mlles -- Modebate -- FULL VAN SUPPORT



## LEG 5-- 4.7 MILES -- MODERATE

## Leg Legend:

0.0 Continue on Hovander Dr. Road will become Smith Rd.
0.8 Turn Right (SE) onto Labounty Dr
1.7 Turn Left (E) onto Sunset Ave
2.1 Turn Right (S) onto Rural Ave
2.4 Turn Left (E) onto Slater Rd
3.7 Turn Right (SE) onto

Northwest Dr
4.7 Arrive at Ex 5 on left

Exchange 5: Cornwall Church, 4518
Northwest Drive, Bellingham, WA
98226
48.805159, -122.518092


## Leg 6--6.5 Miles -- Hard -- FULL VAN SUPPORT



LEG 6 -- 6.5 MILES -- HARD
Leg Legend:
0.0 Depart Ex 5 heading South on Northwest Dr
2.0 Turn Right (W) onto Alderwood Ave
3.0 Turn Left (S) onto Bennett Dr
3.6 Turn Left (SE) onto Marine Dr
4.0 Continue on Marine Dr road will become Eldridge Ave
5.2 Turn Left (NE) onto Broadway
5.6 Turn Right (SE) onto Irving St
6.2 Turn Right (S) onto Cornwall Ave
6.5 Arrive at Ex 6 on the left

Exchange 6: Bellingham High School, 2020
Cornwall Ave., Bellingham, WA 98225
48.755771, -122.473658


## Van 2 -- Legs 7-I2-- 31. 3 Miles



## Van Directions to Exchange 12:

0.0 Depart Bellingham High School Heading East on Ohio St
0.5 Take ramp onto l-5 South
23.2 Take exit 231 for Washington 11 N/ Chuckanut Dr
23.3 At traffic circle take 1st exit onto WA 11 S/ Chuckanut Dr
23.4 At traffic circle take 2nd exit onto Burlington Blvd
23.8 Arrive at EX 12, Burlington High School on the right

Exchange 12 Address:
Burlington High School
301 N. Burlington Blvd., Burlington, WA 98233
48.478290, -122.337237


## Leg 7 -- 3.8 Miles -- Easy -- FULL VAN SUPPORT



LEG 7-3.8 MILES - EASY
Leg Notes:
A portion of the leg is on the Bay Trail.
Leg Legend:
0.0 Depart Ex 6 heading East on Ohio St
0.1 Turn Right (S) onto Ellis St
0.3 Turn Right (SW) onto State St
0.9 Turn Right (NW) on Laurel St
1.0 Turn Left (SW) to enter onto the Bay Trail
3.1 Remain on Bay Trail until it runs into 10th St
3.1 Continue Straight (S) onto 10th St
3.5 Turn Left (E) on Larrabee Ave
3.8 Arrive at Ex 7

Van Directions:
0.0 Depart Ex 6 heading East on Ohio St
0.1 Turn Right (S) onto Ellis St
0.3 Turn Right (SW) onto State St
2.7 Continue Straight (S) onto 11th St
3.0 11th St becomes Finnegan Way
3.2 Turn Right (W) onto Mill Ave
3.3 Turn Left (S) onto 10th St to rejoin runners

Exchange 7: Hillcrest Chapel
1400 Larrabee Ave, Bellingham, WA 98225
48.718706, -122.498348


## Leg 8 -- 6.0 Mlles -- Hard -- PARTIAL NO VAN SUPPORT



LEG 8-- 6.0 MILES -- HARD
Leg Notes: PARTIAL No Van Support on Samish Way. No pulling over or getting out of van on Samish Way.
Runners will be provided a water station.

## Leg Legend

0.0 Depart Ex 7 heading East on Larrabee Ave
0.4 Turn Right (S) on 21st St
0.5 Turn Left ( $E$ ) on Donovan Ave
0.5 Turn Right (S) on 22nd St
0.6 Turn Left ( E ) on Old Fairhaven
3.1 Exit Trail through boat ramp parking lot

## Leg 9 -- 6.6 Miles -- Hard -- PARTIAL VAN SUPPORT



LEG 9 -- 6.6 MILES -- HARD
Leg Notes:
PARTIAL No Van Support on Pacific Hwy/Old Hwy WA-99. No pulling over or getting out of van on Pacific Hwy/Old Hwy WA-99.
Exchange 9 is located at Alger Fire Department, 18726 Parkview Ln, Burlington, WA 98233

Leg Legend:
0.0 Depart Ex 8 heading South on N Lake Samish Dr
0.9 Turn Left (SE) onto E Lake Samish Dr
3.5 Turn Left (E) onto Nulle Rd.
3.6 Remain on Nulle Rd road will become Pacific Hwy/ Old WA-99 N
5.9 Turn Right (W) on Lake Samish Rd
6.6 Arrive at Ex 9 on the left

Exchange 9: Alger Park \& Ride
1454 Lake Samish Road, Bellingham, WA 98229 48.619662, -122.352878


## Leg 10-- 4.0 Miles -- Moderate -- PARTIAL VAN SUPPORT



LEG 10 -- 4.0 MILES -- MODERATE
Leg Notes:
No Van Support on Lake Samish Rd.
Exchange 10 is located at The Skagit Speedway, 4796 Old Highway 99 North, Burlington, WA 98233

Leg Legend:
0.0 Depart Ex 9 heading East on Lake Samish Rd
0.6 Turn Right (S) on Old Hwy WA-99
4.0 Arrive at Ex 10

Exchange 10: Skagit Speedway, 4796 Old Highway 99 North, Burlington, WA 98233
48.575605, - 122.329746


## Leg II -- 6.8 Miles -- Hard -- PARTIAL VAN SUPPORT



LEG 11 -- 6.8 MILES -- HARD
Leg Notes:
PARTIAL No Van Support on Cook Road. No pulling over or getting out of van on Cook Road.

Leg Legend:
0.0 Depart Ex 10 heading South on Old Highway 99 N
4.3 Turn Left (E) on Dahlstedt Rd
4.5 Turn Right ( S ) on Green Rd
5.0 Turn Right (W) onto Cook Rd.
6.8 Arrive at Ex 11 on the right

Exchange 11: Allen Elementary School, 1517
Cook Rd., Bow, WA 98232
48.508787, -122.372938


## Leg I2 -- 4.2 Mles -- Moderate -- PARTIAL VAN SUPPORT



LEG 12 - 4.2 MILES - MODERATE
Leg Notes:
PARTIAL No Van Support on Josh Wilson Rd. No pulling over or getting out of van on Josh Wilson Rd.

Leg Legend:
0.0 Depart Ex 11 heading West on Cook Rd.
0.2 Turn Left (S) onto Avon Allen Rd.
1.7 Turn Left (E) onto Josh Wilson Rd.
3.5 Go Straight through 1st round about to Chuckanut Dr.
3.7 Go Straight through 2nd round about to N Burlington Blvd
3.8 Enter Trail on West side of Burlington Blvd
4.0 Turn Right (W) on Kirby Avenue
4.1 Turn left and follow school sidewalk
4.2 Arrive at Ex 12

Exchange 12: Burlington- Edison High School, 301 N. Burlington Blvd., Burlington, WA 98233
48.478290, -122.337237


## Van I -- Legs $13-18$-- 32.9 Miles



Exchange Notes:
Parking is very tight at this exchange. Overflow parking available at Marina Public Parking Lot (West of 3rd St).

Van Directions to Exchange 18:
0.0 Depart Ex 12 heading South on N Burlington Blvd
0.4 Turn Right (W) onto W Rio Vista Ave/ SR-20

| 7.0 | Turn Left (S) onto La Conner |
| :--- | :--- |
| Whitney Rd |  | Whitney Rd

11.0 Take 1st exit in roundabout to Morris St
11.2 Turn Right (N) onto 6th St
11.4 Arrive at Ex 18

Exchange 18 Address:
La Conner High School
512 North 6th Street, La Conner, WA 98257
48.395321, -122.490707


## Leg 13--4.5 Mlles -- Moderate -- FULL VAN SUPPORT



LEG 13 -- 4.5 MILES -- MODERATE
Leg Legend:
0.0 Depart Ex 12 heading South on N Burlington Blvd
0.2 Turn Left (E) onto Fairhaven Ave
0.8 Turn Right (S) onto Anacortes Ave
2.0 Turn Left (S) onto Whitmarch Rd
3.2 Turn Right ( N ) on ramp to S Burlington Blva
3.3 Turn Left ( $S$ ) to cross over bridge
3.6 Turn Left (E) onto Hoag
4.5 Arrive at Ex 13 on the left

Van Directions:
0.0 Depart Ex 12 heading South on N Burlington Blvd
0.2 Turn Left (E) onto Fairhaven Ave
0.7 Turn Right (S) onto Anacortes Ave
2.0 Turn Left (S) onto Whitmarch Rd
3.3 Go under the bridge and take ramp to $S$ Burlington Blvd
3.3 Turn Right (S) cross over bridge
3.5 Road will become Riverside Dr
3.7 Turn Left (E) onto Pacific PI (2nd Left after the bridge)
3.8 Turn Left ( N ) onto Urban Ave
3.9 Turn Right (E) onto Hoag Rd
4.7 Arrive at Ex 13 on the left

Exchange 13: Salem Lutheran Church, 2529 North Laventure Road, Mount Vernon, WA 98273
48.442976, -122.314957


## Leg 14--4.0 Mlles -- Moderate -- FULL VAN SUPPORT



LEG 14 -- 4.0 MILES -- MODERATE
Leg Legend:
0.0 Depart Ex 13 heading East on Hoag Rd
0.1 Turn Right (S) onto N Laventure Rd
2.6 Turn Right (W) onto Blackburn Rd
3.9 Arrive at Ex 14 on the Right

Exchange 14: First Christian Reformed Church, 701 W Blackburn Rd., Mt Vernon, WA 98273 48.406645, -122.342986


## Leg 15-- 6.6 Miles -- Hard -- FULL VAN SUPPORT



LEG 15 -- 6.6 MILES -- HARD
Leg Legend:
0.0 Depart Ex 14 heading West on Blackburn Rd
0.2 Turn Right (N) Britt Rd
0.5 Turn Left (W) onto Dike Rd
6.2 Turn Right (W) onto Fir Island Rd
6.7 Arrive at Ex 15 on the right

Exchange 15: Fir-Conway Lutheran Church, 18101 Fir Island Road, Mount Vernon, WA 98273
48.341412, -122.354969

## Leg I6--4.0 Mlles -- Moderate -- FULL VAN SUPPORT



LEG 16-4.0 MILES - MODERATE Leg Legend:

Leg Notes:
Very tight parking at exchange. Do not linger or arrive early. Park your close to others to maximize space.
0.0 Depart Ex 15 heading West on Fir Island Rd
4.1 Arrive at Ex 16 on the left

Exchange 16: Snow Goose Produce Inc.,
15170 Fir Island Road Mount Vernon, WA
98273
48.353990, -122.422740


## Leg 17-- 8.2 Mles -- Very Hard -- FULL VAN SUPPORT



LEG 17 -- 8.2 MILES -- VERY HARD
Leg Notes:
QUIET ZONE ON SUMMERS DRIVE! Please respect residence and do not cheer or honk on Summers Drive. (Watch for Signs).

Leg Legends:
0.0 Depart Ex 16 heading North on Fir Island Rd
0.4 Turn Left (NW) onto Best Rd
1.0 Turn Right (NE) onto Summers Dr, Summers Dr becomes Beaver Marsh Rd
3.5 Turn Right (E) onto W Kamb Rd
4.2 Turn Left ( N ) onto Kamb Rd
6.7 Turn Left (W) onto McLean Rd
7.5 Turn Left (S) onto Beaver Marsh Rd
8.1 Arrive at Ex 17 on the left

Exchange 17: Washington Bulb Co, 16031
Beaver Marsh Rd, Mount Vernon, Washington
98273
48.411249, -122.400707


## Leg 18--5.6 Mlles -- Hard -- FULL VAN SUPPORT



LEG 18-5.6 MILES - HARD
Leg Notes:
Parking is very tight at this exchange.
Overflow parking available at Marina Public Parking Lot (West of 3rd St).

Leg Legend:
0.0 Depart Ex 17 heading South on Beaver Marsh Rd
0.8 Turn Right (W) onto Calhoun Rd
2.8 Calhoun Rd will become Chilberg Rd
5.2 Go Straight (W) through round about to Morris St
5.4 Turn Right ( N ) onto N 6th St
5.6 Arrive at Ex 18

Exchange 18: La Conner Middle School, 512 North 6th Street, La Conner, WA 98257
48.395321, -122.490707


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## Van 2 -- Legs 19-24-- 39.0 Miles



## Van Directions to Exchange 24:

0.0 Depart Ex 18 heading South on N 6th St
0.3 Turn Left (E) onto Morris St
0.5 Take 2nd exit in round about to Laconner Whitney Rd
4.5 Turn Left (W) onto SR-20 W/ WA-20 W
9.9 Turn Left (S) to stay on SR-20 W/ WA20 W
25.4 Turn Right (W) onto W Whidbey Ave
26.2 Turn Right (N) onto 115 St/NW Jib St
26.3 Turn Left (W) onto 2nd Ave
26.4 Arrive at Ex 24

Exchange 24 Address:
Oak Harbor High School
\#1 Wildcat Way, Oak Harbor, WA 98277
48.301084, -122.671857


## Leg 19-- 10.5 Miles -- Very Hard -- PARTIAL NO VAN SUPPORT



LEG 19 - 10.5 MILES -- VERY HARD
Leg Notes:
No Van Support On Reservation Road
Leg Legend:
0.0 Depart Ex 18 heading South on N 6th St
0.2 Turn Right (W) onto Morris St
0.4 Turn Left (S) onto S 1st St
0.7 Turn Left (SE) onto Douglas St
0.7 Turn Right (SW) onto 2nd St
0.8 Road Turns into 3rd St
0.9 Turn Left (SE) onto Caledonia St
1.0 Turn Right (S) onto Maple Ave
2.0 Turn Left (W) onto Snee-Oosh Rd
7.2 Turn Left ( N ) onto Reservation Rd
8.7 Turn Right (E) onto Padilla Heights Rd
9.8 Turn Right (S) onto Knudson Ln
10.2 Turn Left ( N ) at first roundabout to continue under SR-20
10.3 Turn Left at second roundabout onto Casino Rd
10.5 Arrive at Exchange 19 on the Right

Exchange 19: Swinomish Casino \& Lodge 12885 Casino Drive, Anacortes, WA 98221 48.457439, -122.522969


## Leg 20 -- 5.5 Mlles -- Moderate -- FULL VAN SUPPORT



LEG 20 - 5.5 MILES -- MODERATE

Leg Legend:
0.0 Depart Ex 19 heading northwest on Casino Drive
Casino Dr will turn into S March's Point Rd
$2.5 \quad$ Turn Right (N) onto W March Point Rd
3.5 Turn Left (NW) onto pedestrian bridge, Tommy Thompson Trail
4.4 Continue on Tommy Thompson Trail heading north
Arrive at Ex 20
0.1
2.5
2.5
5.6
5.7
6.1

Exchange 20: Bunnies by the Bay, 3115 V Place,
Anacortes, WA 98221
48.495833, -122.603619

## Van Directions:

0.0 Depart Ex 19 heading northwest on Casino Drive

## Leg 21-- 2.2 Miles -- Easy -- FULL VAN SUPPORT



LEG 21 -- 2.2 MILES -- EASY
Leg Legend:
0.0 Continue North on Tommy Thompson Trail
0.8 Turn Right (N) onto Q Ave, Trail becomes sidewalk
1.3 Turn Left (W) onto 11th St
1.6 Turn Left (S) onto M Ave
2.2 Turn Right (W) onto 22nd St
2.2 Arrive at Ex 21 on the left

Van Directions:
0.0 Depart Ex 20 heading North on V Place
0.1 Turn Left (W) onto 30th St
0.3 Turn Right (N) onto T Ave
0.8 Turn Right ( N ) onto R Ave
1.4 Turn Left (W) onto 11th St
1.7 Turn Left (S) onto M Ave
2.3 Turn Right (W) onto 22nd St
2.4 Arrive at Ex 21 on the left

Exchange 21: Anacortes Middle School, 2200 M Ave, Anacortes, WA 98221
48.504294, -122.617741


## Leg 22-- 2.0 Miles -- Easy -- FULL VAN SUPPORT



LEG 22 -- 2.0 MILES -- EASY

Leg Legend:
0.0 Depart Ex 21 heading West on 22nd St
0.4 Turn Right (NW) onto Island View PI
0.6 Turn Right (NW) onto 21st St
0.7 Turn Left (S) onto D Ave
1.3 Turn Left (E) onto 32nd St
1.6 Turn Right (S) onto H Ave
2.0 Arrive at Ex 22 on right

Exchange 22: LDS Chapel, 3720 H Avenue, Anacortes, WA 98221
48.491131, -122.625290


## Leg 23 -- 9.8 Mlles -- Very Hard -- Partial van Support




## Leg 24-- 9.0 Mlles -- Very Hard -- PARTIAL VAN SUPPORT



LEG 24 -- 9.0 MILES -- VERY HARD

Leg Notes:
NO SUPPORTING ON SECTION OF SR-20.
Leg Legend:
0.0 Depart Ex 23 heading South on SR-20
5.0 Turn Right (W) onto Ault Field Rd
7.1 Turn Left (S) onto Heller Rd
8.9 Turn Left (E) onto NW 2nd Ave

Exchange 24: Oak Harbor High School, \#1
Wildcat Way, Oak Harbor, WA 98277
48.301084, -122.671857


## Van I -- Legs 25-30-- 24.9 Miles



Leg Notes:
All vans will park in the fields off Ebey \& Terry Road. Follow van directional signage.
Coupeville High School breakfast fundraiser in the school cafeteria, sleeping and showers in the gym.

## Van Directions to Exchange 30:

0.0 Depart Ex 24 heading West on NW 2nd St
0.1 Turn Left (S) onto Heller St
1.0 Turn Left (SE) onto SW Swantown Ave
1.4 Turn Right (S) onto SR-20
10.4 Turn Right (S) onto Ebey Road, Coupeville
10.8 Arrive at Ex 30

Exchange 30 Address:
Coupeville High School
501 South Main St, Coupeville, WA 98239
48.208539, -122.692870


## Leg 25-- 3.2 Miles -- Easy -- FULL VAN SUPPORT



LEG 25 -- 3.2 MILES -- EASY
Leg Legend:
0.0 Depart Ex 24 Heading East on NW 2nd Ave
0.3 Turn Left ( N ) on Fairhaven Drive
0.7 Turn Left (NW) on Hiyu Dr
0.8 Turn Right ( N ) on 110 St NW
0.8 Turn Left (W) on NW Illahee Drive
0.9 Turn Right (E) on NW Crosby Ave
1.5 Turn Right (S) on Oak Harbor St
1.8 Turn Left (E) on NE 7th Ave
2.5 Turn Left on ( N ) on SR-20
2.9 Turn Right ( E ) on Cemetery

Rd
3.3 Arrive at Exchange 25

Exchange 25: Life Church
1767 NE Regatta Drive, Oak Harbor, WA 98277
48.312101, -122.632198


## Leg 26 -- 2.7 Miles -- Easy -- FULL VAN SUPPORT



LEG 26 -- 2.5 MILES -- EASY
Leg Legend:
0.0 Depart Ex 25 heading west on Cemetery Rd
0.3 Turn Left (S) on SR-20
0.5 Turn Left (W) on Narrows Ave
0.6 Turn Right (S) on Oleary St
1.3 Turn Left (E) on Whidbey Ave
1.5 Turn Right (S) on Regatta

Drive

2.5 Turn Left (S) on Midway Blvd
2.7 Arrive at Ex 26

Exchange 26: Flintstone Park
Southeast Dock Street, Oak Harbor,
WA 98277
48.287539, -122.647224


## Leg 27 -- 3.I Mlles -- Easy -- FULL VAN SUPPORT



LEG 27 -- 3.1 MILES -- EASY
Leg Legend:
0.0 Depart Ex 26 heading West on Bayshore Dr
0.2 Turn Right (N) onto City Beach St
0.3 Turn Right (E) onto Barrington St
0.5 Turn Left (N) onto ELY St
0.6 Turn Left (W) onto 8th Ave
1.2 Turn Left (S) onto Erie St
1.6 Turn Right (W) onto SR-20run on sidewalk
2.2 Turn Right (W) onto SW 24th Ave
2.7 Turn Right (N) onto SW Rosario PI
2.9 Turn Left (W) onto Ridgeway Dr
3.0 Turn Left (W) onto Fort Nugent Ave
3.1 Arrive at Ex 27 on the Left

Exchange 27: Fort Nugent Park 1798 Southwest 17th Avenue, Oak
Harbor, WA 98277
48.282586, -122.682568


## Leg 28-2.5 Mlles -- Easy -- FULL VAN SUPPORT



LEG 28 -- 2.5 MILES -- EASY
Leg Legend:
0.0 Cross Fort Nugent Ave at crosswalk directly after park and turn Right (E) onto Fort Nugent Ave
0.7 Turn Left (NW) onto Swantown Ave
0.9 Turn Left (SW) onto Fireside Ln
1.1 Turn Right (W) onto SW 16th Ave
1.5 Turn Right (NE) onto Heritage Way
1.7 Continue onto SW Silverberry St
1.8 Turn Left (W) onto SW Sunnyside Ave
1.9 Turn Right (NE) onto SW Thornberry Dr
1.9 Turn Left (NW) onto Swantown Rd
2.5 Arrive at Ex 27 on the left

Exchange 28: Christian Reformed Church 1411 Wieldraayer Road, Oak Harbor, WA 98277 48.296822, -122.691883


## Leg 29 -- 8.0 Mles -- Very Hard -- PARTIAL VAN SUPPORT



LEG 29 - 8.0 MILES - VERY HARD

Leg Notes:
CHOOSE YOUR OWN EXCHANGE!!
Your team can pick a safe exchange location anywhere along Fort Ebey Rd, San Juan St, or Hacienda Drive to make the runner switch. Please be respectful of residents and local traffic.

- Runners 5 \& 6 can determine how long they want their legs to be. Make sure to decide beforehand with your team how many miles each runner will complete.
- Vans should pull over, in a safe location, completely off the road.
- Runner 5 can pass the slap bracelet to Runner 6 at any location in designated zone.

NOTE: There are no toilets because there is no exchange point.

Leg Legend:
0.0 Depart Ex 28 heading Northwest on Swantown Rd
1.6 Turn Left (W) onto Beach Rd
7.0 Turn Right (W) onto La Mesa Dr
7.4 Turn Left (S) onto Fort Ebey Rd
7.4 Begin Choose Your Own Exchange Zone
7.8 Turn Left on San Juan St
7.9 Turn Right on Hacienda Drive
8.0 Turn Left on Libbey Road
8.0 End Choose Your Own Exchange Zone

## Exchange 29:

CHOOSE YOUR OWN EXCHANGE:
Pick any location to exchange along Fort Ebey Road,
San Juan St, or Hacienda Drive
Start CYO: 48.238697, -122.760854
End CYO: 48.231951, -122.758843


## Leg 30 -- 5.6 Mles -- Hard -- FULL VAN SUPPORT



LEG 30-5.6 MILES - Hard
Leg Notes:
All vans will park in the fields off Ebey \&
Terry Road. Follow van directional signage. Coupeville High School breakfast fundraiser in the school cafeteria, sleeping and showers in the gym.

Leg Legend:

| 0.0 | Depart CYO heading east on |
| :--- | :--- |
| Libbey Road |  |
| 1.0 | Turn Left on SR-20 |

1.1 Turn Right on Madrona Way
4.5 Turn Right on Main St
5.1 Use pedestrian bridge to cross SR-20
Turn Right on SR-20 foot path Turn Left to follow trail before Ebey Rd
5.6 Arrive at Ex 30

Van Direction:
0.0 Depart CYO heading east on Libbey Road
1.0 Turn Left on SR-20
1.1 Turn Right on Madrona Way
4.5 Turn Right on Main St

Exchange 30: Coupeville High School, 501 South Main St, Coupeville, WA 98239 48.208539, -122.692870

## Van 2 -- Legs 31-36-- 34.9 Miles



Leg Notes:
Vans will park in fields behind middle school. Park close and do not block other vans.

Van Directions to Finish Line:
0.0 Depart Ex 30 heading North on Main St
0.3 Turn Right (E) onto SR-20
6.2 Continue onto WA-525
24.0 Turn Left ( N ) onto Maxwelton

Rd
25.3 Turn Left ( N ) onto Langley Loop
25.5 Arrive at Finish line on the left

Finish Line Address:
Island County Fairgrounds, 819
Camano Avenue, Langley, WA 98260
48.032449, -122.402842


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Ragnar

## Leg 31 -- 6.I Mlles -- Hard -- FULL VAN SUPPORT



LEG 31 -- 6.1 MILES -- HARD
Leg Legend:
0.0 Depart Ex 30 heading South on Ebey Rd
1.4 Continue onto Hill Rd
2.6 Turn Right (S) onto Engle Rd
3.9 Turn Left (NE) onto S Fort Casey Rd
4.6 Turn Right (E) onto Wanamaker Rd
6.1 Arrive at Ex 31 on the left

Exchange 31: 434 Wanamaker Rd.
Coupleville, WA 98239
48.171221, -122.641034


## Leg 32 -- 7.7 Mlles -- Very Hard -- Partial van SuPPORT



LEG 32 -- 7.7 MILES -- VERY HARD
Leg Notes:
NO VAN SUPPORT ON SR-525
Leg Legend:
0.0 Depart Ex 31 heading East on Wanamaker Rd
1.5 Turn Right (S) onto SR-525
3.0 Turn Left (E) onto Houston Rd
4.5 Houston Rd becomes Bluff Rd
7.6 Turn Right (w) onto Wonn Rd
7.7 Arrive at Ex 32

Exchange 32: Greenbank Farm
765 Wonn Rd A201 Greenbank, WA 98253
48.105638, -122.573963


## Leg 33-- 7.0 Mlles -- Hard -- FULL VAN SUPPORT



LEG 33 -- 7.0 MILES -- HARD

Leg Notes:
No Parking at Bush Point Wharf B\&B. Please Respect Residence!

Leg Legend:
0.0 Depart Ex 32 heading West on Wonn Rd
0.4 Turn Right (N) onto SR-525
0.6 Turn Left (W) onto Smugglers Cove Rd
6.5 Turn Right (W) onto Spyglass Dr
7.0 Turn Left (S) on Magellan Dr
7.0 Turn Right (W) on Sandpiper Rd and arrive at Ex 33

Exchange 33:
200 Spyglass Dr, Freeland, WA 98249 48.032389, -122.602556


## Leg 34--5.7 Mlles -- Hard -- FULL VAN SUPPORT



LEG 34 -- 5.7 MILES -- VERY HARD
Leg Legend:
0.0 Depart Ex 33 heading West on Sandpiper Rd
$0.0 \quad$ Turn Right (S) onto Magellan Dr
0.2 Turn Left ( E ) onto Fairhaven Dr
0.3 Turn Right (S) onto Scurlock Rd
0.7 Turn Right (S) onto Smugglers

## Cove Rd

1.2 Continue onto Bush Point Rd
2.7 Turn Right (S) onto Mutiny Bay Rd
4.2 Turn Left (NE) onto Fish Rd
5.2 Turn Left (W) onto Myrtle Ave
5.7 Arrive at Ex 34

Exchange 34: Freeland Park, East
Shoreview Drive, Freeland, WA 98249
48.015349, -122.530905


## Leg 35-- 3.8 Mlles -- Easy -- PARTIAL NO VAN SUPPORT



LEG 35 -- 3.8 MILES -- EASY
Leg Notes:
No Van Support on SR-525.
Leg Legend:
0.0 Depart from Ex 34 heading East on Stewart Rd
0.2 Turn Right ( $S$ ) onto East Harbor Rd
0.5 Turn Left (E) onto Main St
0.9 Continue Straight (E) onto Scott Rd
1.1 Turn Left (E) onto SR-525
3.4 Turn Left (NE) onto Marshview Ave
3.6 Turn Left ( N ) onto Bayview Rd
3.8 Arrive at Ex 35 on the right

Exchange 35: Field near 5595
Bayview Rd, Langley, WA 98260
48.008527, -122.460903


## Leg 36 -- 4.6 Mlles -- Moderate -- FULL VAN SUPPORT



LEG 36 -- 4.6 MILES -- MODERATE
Leg Notes:
Vans should proceed directly to the finish line. Parking is behind the middle school in the fields. Please follow volunteer directions.

Leg Legend:
0.0 Depart Ex 35 heading North on Bayview Rd
2.0 Continue onto Brooks Hill Rd
3.4 Continue onto 3rd St
3.7 Turn Right (S) onto Park ave
4.6 Arrive at the Finish Line!!!!

Finish Line: Island County
Fairgrounds, 819 Camano Avenue, Langley, WA 98260 48.032449, -122.402842

Van Directions:
Vans should proceed directly to the finish line. A water station will be provided for runners.


