

3 BENEFITS

TO THE NO VOLUNTEER REQUIREMENT AT THE 2016

Reebok

RAGNAR



CAPE COD

Directing vans, cheering on runners, handing out water and medals... all things our amazing volunteers do that make Ragnar Relay Cape Cod an unforgettable experience. Captains, get ready to jump for joy, we are trying something new. We are eliminating the volunteer requirements for this race in 2016! **This means you no longer have to recruit up to 3 volunteers and there are no volunteer fees.** Take a look at how this will benefit your team this year:

1 Better Race Experience

With this new model we will be able to ensure that we have enough committed and trained volunteers working the course at all times. You can enjoy your 200 mile adventure and know that as you run, you are automatically giving back the communities we run through. The volunteers we work with are thrilled to do the little things like cheer you on and decorate exchanges, making each exchange feel like a mini-party. This model is simple: Your Ragnar Captain organizes the team, and we'll take care of the rest.

2 Volunteers To Benefit Local Organization And Non-Profits

Instead of friends and family, volunteers will come from local organizations and non-profits who will receive donations through our Extra Mile program. Here is an example of some of the groups who we have worked with in the past:

- South Shore Baptist Church
- Cape Cod YMCA
- Boys & Girls Club of Cape Cod
- Girl Scouts- BHC Service Unit
- Boy Scouts- Troop 75
- Bourne Middle School
- Cape Cod Canal Hockey
- Cape & Islands Rowing Association
- Duxbury High School
- Monomoy Regional HS Boy's Soccer
- Plymouth North HS Track
- Yarmouth Girl's HS Track
- Eddy Elementary- Community Service Club, Supporting the American Cancer Society
- Nauset High School

3 Fundraising Opportunities

This new model gives us the chance to coordinate more fundraising opportunities that will not only help our community or charity groups, but also improve the race experience. Pancake breakfasts, pasta dinners and bake sales will all benefit groups who need it the most.

We are always looking for ways to improve our race experience, and our friends at Reach The Beach Relay have taught us how we can work with communities to fulfill our volunteer positions while creating an even more unique race experience. We are excited to test this model which can potentially become a standard for our Ragnar Relay Series in the future.

